

# Shared Life

The Monthly Newsletter of Old First Presbyterian Church

July/August 2015

Church Website: [oldfirst.org](http://oldfirst.org)

Church Photostream: [www.flickr.com/photos/oldfirst](http://www.flickr.com/photos/oldfirst)

Old First Concerts: [www.oldfirstconcerts.org](http://www.oldfirstconcerts.org)

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## **OFPC-ST ANDREW'S EAST PULPIT EXCHANGE: "WELCOME, BARBARA QUIGLEY!"**

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From July 5 through August 9 this year, Old First Presbyterian Church and St Andrew's East Parish Church (a parish of the Church of Scotland in Glasgow, Scotland) are getting to meet each other's pastor and worship with her. On Sunday afternoon, June 28, our pastor Maggi Henderson flew to Glasgow, Scotland, where the minister of St Andrew's East, the Reverend Barbara Quigley, met her and began introducing her to the congregation in Glasgow.

On Thursday, July 2, Barbara flies to San Francisco. She'll settle in to Maggi's house over the weekend and lead us in worship on Sunday, July 5. Barbara will be in residence as our pulpit exchange minister through mid-August and will then take vacation time seeing more of Northern California. During this period, Maggi will be doing pastoral work with and among the people of St Andrew's East including preaching and leading worship on Sundays. As Barbara will do, Maggi will also take vacation time at the end of August seeing more of Scotland. Maggi will return to lead worship on August, 30.

During Barbara's time with us, she will lead worship and preach, meet and work with participants of our various programs, and offer pastoral care for church and community as Maggi does. Note that she can be reached by telephone at the church office 415-776-5552 and via e-mail at [barbara@oldfirst.org](mailto:barbara@oldfirst.org).

There will be a festive coffee hour after worship on Sunday, July 5, to celebrate her arrival. Please join us for worship and the coffee hour to welcome Barbara.

Reminder: Please wear your nametag for the next few Sundays to help Barbara put faces and names together. If you don't have a permanent nametag, you can get additional adhesive name tags from the ushers at worship.

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## **SUMMER OF PLENTY: SF FOOD BANK FOOD BARREL CHALLENGE**

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Each week during July and August when you go shopping, buy one of the items listed for the Sundays below and bring it to place in the food barrel in the Narthex. Use it as a tangible spiritual practice to give thanks to God for what you have. Say a pray for those who go hungry when you place it in the barrel.

The Food donations get sorted by our volunteers and then distributed to our 450 community partners who use it to prepare meals for those in need or to supplement the larger deliveries they receive from us. They may go to food bags that are distributed at senior and low-income housing or to small food banks. All food donated goes directly back into our community, to our neighbors. Note: **No glass containers or perishable items, please!**

July 5: tuna

August 2: chili

August 23: canned fruit or

July 12: cereal

August 9: beans

vegetables

July 19: peanut butter

August 16: canned meat

August 30: granola bars

July 26: soup

## NEWS

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### **Thinking and Planning Ahead for Senior Housing**

Episcopal Community Services of San Francisco, Aging and Disability Resource Housing, and the Curry Senior Center have put together the most complete list affordable and low income housing opportunities in the Bay area. What I have learned in my time in San Francisco is that while there is Senior Housing available it is virtually impossible, to find housing on the spur of the moment. There are waiting lists that can be a year to many years in length. That means one needs to get on the list long before we think we are "old." It takes forethought and a tenacity to check sites out, fill out paperwork, get on a list and check back again and again. Even though I am 53 I have identified a number of places I will put my name into as I get closer to retirement age. Fortunately, we Presbyterians are a tenacious group!

Check out the housing list now and start thinking about your future. Visit this web site to learn more – [http://ecs-sf.org/\\_documents/adrc\\_housing2014-06.pdf](http://ecs-sf.org/_documents/adrc_housing2014-06.pdf) – or do a web-search to reach the site. –Maggi

### **Job Opportunity: Stage Hand for Old First Concerts**

Old First Concerts, an eclectic year-round chamber music series, is looking for a Stage Hand for Friday and/or Sunday concerts. The position requires getting here to let the musicians and volunteers in, setting up the box office area, setting up the stage for the concert (including the ability to move a Steinway D Concert Grand), communicating with the musicians about their desired lighting, handling the lighting during the concert, striking the set afterwards, and closing down the church after the concert. Friday hours would be 5:30 – 11:00, and Sunday 1:30 – 7:00, although a Stage Hand will not be needed every Friday and Sunday, and hours may vary depending on the complexity of the performances.

The series is located in Old First Church at the corner of Sacramento and Van Ness. Please contact Kathy Barr at 415-474-1608, or email [kbarr@oldfirstconcerts.org](mailto:kbarr@oldfirstconcerts.org) ("Stage Hand" in subject line) if you are interested in one of the two days or both.

## UPCOMING EVENTS

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### **AIDS Walk SF: Presbyterian Team, July 19**

We are only a couple months away from AIDS Walk San Francisco. You can register for free at [sf.aidswalk.net/presbyterians](http://sf.aidswalk.net/presbyterians) and help us qualify for a team table at the event. If you're already registered, please ask your friends to register too! Remember:

1. Families should register each family member separately.
2. You need not be in town, as "virtual walkers" are welcome.
3. You don't need to walk the 10 km, as we also have team members guard our team table while others walk.
4. Our team table can be used to store excess layers of clothing while walking and can also hold picnic food for before and after the walk.
5. There is no minimum donation, if by check/cash instead of credit card. Get sponsors at any amount and/or sponsor yourself.
6. Ask your sponsors to choose your name instead of choosing "General Team Donation."
7. Pets can register and get sponsors too!
8. Mark July 19 on your calendars!

### **Plan now for our Summer Potluck, Sunday, August 2**

No sooner have we finished celebrating our 166th Church Anniversary than it is planning time for our Summer Potluck after worship on August 2 in the Fellowship Hall.

This potluck will celebrate summer by creating a Salad and Dessert Only Potluck. We will be entertaining our visiting Scottish minister, so let's show her what a fantastic variety of salads and desserts we can produce. Check out your cookbooks to get ready to prepare something tempting and delicious. As usual, if you don't cook, you can make a small donation and enjoy the delicious fare of your fellow Old First members and friends.

### **Old First Staffs the Interfaith Food Pantry Twice: July 11, August 15**

There will be two opportunities to help share food with our neighbors: Choose one date, or come to both, if you like. The dates are July 11 and August 15. Come unload the truck, bring food inside, distribute and clean up later. Contact Dana Nojima or [foodpantry@oldfirst.org](mailto:foodpantry@oldfirst.org) to help out.

### **Christian Education with Novelist Diane Molberg, September 13, 20**

We're delighted to have Diane Molberg facilitate two classes in September at 9:30 am.

- **September 13: *Dandelion Wine*, a Novel by Ray Bradbury**

This novel is a collection of stand-alone stories. They are linked when read as a novel, but can easily be accommodated to limiting discussion to one story. There are no chapters as such, but Diane proposes to read and discuss the segment called "The Love Story:"

*You do things and you don't watch...then all of a sudden you look at what you're doing and it's like the first time. It happens to everyone at least once, and while it lasts the ordinary business of living becomes a magical series of discoveries and revelations. It happened to Douglas Spaulding the summer he was twelve.*

Set in 1928 in small town America, the essence of summer pours gold and glowing from the imagination and compassion of Ray Bradbury in this, his best known and most loved novel.

Written in lyrical language, "The Love Story" opens on "the middle of the first day of August," when Bill Forester gets out of his car and invites young Douglas to have a dish of ice cream with him. Thus begins Forester's own "coming of age," a journey into the wisdom and magic of Miss Helen Loomis.

- **September 20: "The Chrysanthemums," a Short Story by John Steinbeck**

Elisa Allen, a woman approaching middle age, is at a point in her life when she has begun to realize that her energy and creative drive far exceed the opportunities for their expression. When a tinker, passing through the area, sparks her interest and kindles her imagination her life changes. John Steinbeck published "The Chrysanthemums" in a collection of stories called *The Long Valley* (1938). "The Chrysanthemums" is set in the Salinas Valley in California where Steinbeck was born, the fertile farmland nourishing his imagination. Steinbeck's characters, like Henry Allen, are quite pleased to be able to make a decent living, but equally important, like Elisa Allen, they are beginning to sense that not everybody can be satisfied by bread alone. Steinbeck is one of America's premier authors.

### **DK Senior Center *Fun Raiser*, October 3: Save the Date**

Enjoy discovering what happens every Monday when the Doris Krauss Senior Center holds its Senior Center *Fun Raiser*. Meet some of the more than seventy seniors who call our senior center their Monday home away from home. Enjoy delicious food and fun! Lots of surprises have been planned as well. It's a good way to spend a Saturday evening, support our seniors, and have fun. More details will follow in the September issue of *Shared Life*.

**OFPC Retreat, October 16-18: RSVP Today**

Old First is planning an all-church retreat for the weekend of **October 16-18**. We are excited that we will be partnering with Calvary Presbyterian Church, First Presbyterian Church of Burlingame and possibly other congregations. This will enable us to offer an exceptionally rich program, including opportunities for fellowship, spiritual growth, worship and fun for adults, children and youth.

The guest speaker will be Dr. Rodger Y. Nishioka of Columbia Theological Seminary. To quote Maggi Henderson, “He is stunning speaker. Anything he does I would go to.”

The retreat will be at Mt. Hermon, the site of our last retreat in 2012: [www.mounthermon.org](http://www.mounthermon.org)

Here is where we need your help. To ensure that there will be room for everyone who would like to participate, we need a good estimate of how many people are likely to join us. If you would like to attend, or if you have questions or suggestions, please contact any member of the retreat team:

Nina Berg: [ninabergsf@yahoo.com](mailto:ninabergsf@yahoo.com)

Bill Campbell: [williamfcampbell@comcast.net](mailto:williamfcampbell@comcast.net)

Christopher Burt: [cburtsf@pacbell.net](mailto:cburtsf@pacbell.net)

Jeanne Kirkwood: [jksopii@aol.com](mailto:jksopii@aol.com)

Cindy Burt: [noeawa@pacbell.net](mailto:noeawa@pacbell.net)

Glen Potter: [glenstevepotter@gmail.com](mailto:glenstevepotter@gmail.com)

**BARBARA QUIGLEY’S PREACHING PLAN: JULY AND AUGUST, 2015**

Date	Theme Color	1 <sup>st</sup> Reading	2 <sup>nd</sup> Reading
July 5	Red	Genesis 6:16-22, 8-15	Matthew 8:24-27
July 12	Orange	Genesis 12:1-9	Matthew 28:19-20
July 19	Yellow	Genesis 39:1-23	Matthew 5:11-12
July 26	Green	Exodus 14:10-14, 21-29	Matthew 2:13-15
August 2	Blue	Exodus 19:3-7, 20:1-17	Matthew 5:17
August 9	Violet	Joshua 24:1-15	Matthew 4:8-10
		2 Samuel 12:1-9, Psalm 51:1-9	Matthew 21:33-41

**“GO FIGURE,” BY ANGIE ANDRIOT, FROM *PRESBYTERIANS TODAY*, APRIL 2015**

They say money can’t buy happiness, but research indicates this may not be entirely true. The trick is to focus on what you *give*, rather than what you *get*. So where should you get “purchase” this elusive state of joy?

The answer: your church, charities, community donation drives – anyplace you can *donate* money. The key word? Donate. Those who donate money tend to be happier than those who don’t.

According to our research, Presbyterian in households that have pledged money to their church are happier than those in non-pledging households.

However – and this is important – giving more money does not make you happier, and the link between pledging and happiness exists at *all* income levels. It’s not the quantity that counts; what matters is the habit of giving *regularly*.

Our research finds that donating just once to a cause does not impact general happiness – no matter how much you give.

And it’s not just happiness that is part of the equation. People in pledging households are also more optimistic about their future and are more likely to believe that people can generally be trusted.

One caveat to this research is that we cannot determine what causes what – does giving away money make people happier, or are happy people more likely to give away money?

Either way, one thing is clear: donating money is the sign of a happy persona. And it’s not likely to make the recipient too sad either.

**REVISED COMMON LECTIONARY: SECOND HALF OF AUGUST 2015**

Date	Day	1 <sup>st</sup> Reading	Psalm	2 <sup>nd</sup> Reading	Gospel Reading
August 16	Ordinary 20	2 Sam. 12:1-9. Psalm 51:1-9	111	Matthew 21:33-41	John 6:51-58
August 23	Ordinary 21	1Kings 8:(1, 6, 10-11), 22-30, 41-43	84	Ephesians 6:10-20	John 6:56-69
August 30	Ordinary 22	Song of Solomon 2:8-13	45:1-2, 6-9	James 1:17-27	Mark 7:1-8, 14-15. 21-23

**OTHER DATES TO NOTE**

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Saturday	July 4	No Food Pantry
Sunday	July 5	Coffee Hour to Welcome Barbara Quigley, after Worship
Saturday	July 11	Old First staffs the Interfaith Food Pantry
Saturday	July 18	Presbyterian Women, noon, Library
Sunday	July 26	4 <sup>th</sup> Sunday Small Group, 12:30 pm, Library
Sunday	August 2	Summer Potluck Lunch, 12:30 pm, Fellowship Hall
Sunday	August 9	Board of Deacons, 12:30 pm, Munro Room
Saturday	August 15	Old First Staffs the Interfaith Food Pantry
Saturday	August 15	Presbyterian Women, noon, Library
Sunday	August 23	4 <sup>th</sup> Sunday Small Group, 12:30 pm, Library
Tuesday	August 25	Session, 7:00 pm, Munro Room
Sunday	August 30	Worship with Pastor Henderson Preaching: Welcome Back, Maggi!

**OFFICERS OF OLD FIRST PRESBYTERIAN CHURCH**

**Session**

Christopher Burt, evangelism; Bill Campbell, mission and giving; Hsiaochien Chuang, worship; Gregory Free, treasurer; Kristi Hoerauf, finance; Harriet MacLean, personnel; Dana Nojima, operations; Jean Olson, clerk of session; Linda Reyder, worship; Steve Taber, planning; Betty Voris, community building; Priscilla Yu, Christian education

**Board of Deacons**

Nina Berg, Cindy Burt, Samuel Cheng, Diane Molberg, Alfred Martin, Bryan Nichols, Mary Russell, Randy Smith, Sarah Taber, Jian Wang